

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22, Apr-19, May-17	Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23, Apr-20, May-18	Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24, Apr-21, May-19	Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25, Apr-22, May-20	Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26, Apr-23, May-21	Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27, Apr-24, May-22	Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28, Apr-25, May-23
<b>Breakfast</b>						
Choice of Cereal Eggs Bacon Toast Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Biscuit Sausage Links Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Breakfast Ham Slice Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Sausage Links Donuts Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Pancakes Eggs Bacon Syrup Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Biscuits and Gravy Sausage Links Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Bacon Toast Jelly Margarine Juice Coffee/Tea Choice of Milk
<b>Lunch</b>						
Oven Roasted Pork Baked Sweet Potato Lima Beans Roll Cookie Margarine Coffee/Tea	Cheeseburger Lettuce/Tomato/Onion/Pickle Spear Baked Beans Cake Margarine Coffee/Tea	Spaghetti Meat Sauce Spaghetti Noodles Prince Charles Veggie Blend Garlic Roll Gelatin Margarine Coffee/Tea	Chicken a la King Egg Noodles Carrots Cake Margarine Coffee/Tea	Fried Chicken Macaroni & Cheese Collard Greens Cornbread Fresh Fruit Cup Gravy Margarine Coffee/Tea	Breaded Fish French Fries Green Beans Cornbread Cookie Ketchup Margarine Coffee/Tea	Cranberry Glazed Pork Roasted Red Potatoes Sweet Peas Roll Cake Margarine Coffee/Tea
Fried Fish Red Beans & Rice	Grilled Chicken Breast Fillet Sugar Snap Peas	Oven Roasted Pork Baked Sweet Potato	Cheeseburger Baked Beans	Spaghetti Meat Sauce Spaghetti Noodles Prince Charles Veggie Blend	Chicken a la King Egg Noodles	Fried Chicken Macaroni & Cheese
<b>Dinner</b>						
Fried Fish Sandwich Dill Tartar Sauce Creamy Cole Slaw Seasonal Fruit Choice Margarine Coffee/Tea Choice of Milk	Baked Potato Soup Grilled Turkey & Swiss Sandwich Fried Zucchini Apple Slices Margarine Coffee/Tea Choice of Milk	Breaded Chicken Sandwich French Fries Malibu Vegetable Blend Sliced Peaches Ketchup Margarine Coffee/Tea Choice of Milk	Hot Dog with Chili Marinated Cucumbers & Tomatoes Banana Margarine Coffee/Tea Choice of Milk	Pork Fritter Yellow Rice Green Beans Roll Cinnamon Apples Margarine Coffee/Tea Choice of Milk	Chicken Fettuccine Alfredo Broccoli Roll Gelatin Margarine Coffee/Tea Choice of Milk	Beef Macaroni Cassero Tossed Salad Choice of Dressing Seasonal Fruit Choice Margarine Coffee/Tea Choice of Milk
Chili with Beans Baked Potato Broccoli and Cheese	BBQ Meatballs Mixed Vegetables	Fried Fish Sandwich Creamy Cole Slaw	Turkey Sandwich Fried Zucchini	Breaded Chicken Sandwich French Fries	Hot Dog with Chili	Pork Fritter Green Beans

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Sunday Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29, Apr-26, May-24 <b>Breakfast</b>	Monday Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30, Apr-27, May-25	Tuesday Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31, Apr-28, May-26	Wednesday Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04, Apr-01, Apr-29, May-27	Thursday Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05, Apr-02, Apr-30, May-28	Friday Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06, Apr-03, May-01, May-29	Saturday Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-07, Apr-04, May-02, May-30
Choice of Cereal Pancakes Sausage Patty Eggs Syrup Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Breakfast Ham Slice Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Sausage Links Bagel Cream Cheese Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Bacon Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Sausage Links Hashbrowns Juice Coffee/Tea Choice of Milk	Choice of Cereal Omelet Bacon Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Sausage Links Toast Jelly Margarine Juice Coffee/Tea Choice of Milk
<b>Lunch</b>						
Baked Chicken Mashed Potatoes Malibu Vegetable Blend Roll Brownies Margarine Coffee/Tea	Beef Pepper Patty Egg Noodles Green Beans Roll Apple Pie Margarine Coffee/Tea	Oven Baked Fish Peach and Honey Glaze Breaded Corn Nuggets Roll Cake Margarine Coffee/Tea	Turkey Pot Roast Mashed Potatoes Carrots Roll Gelatin Gravy Margarine Coffee/Tea	Fried Chicken Black Eyed Peas Creamed Corn Roll Cookie Margarine Coffee/Tea	Fried Fish Macaroni & Cheese Creamy Cole Slaw Roll Cake Margarine Coffee/Tea	Sloppy Joe Roasted Sweet Potato Wedges Three Bean Salad Banana Margarine Coffee/Tea
Fried Fish Green Beans	Cranberry Glazed Pork Roasted Red Potatoes Sweet Peas	Baked Chicken Mashed Potatoes White Rice	Beef Pepper Patty Egg Noodles	Oven Baked Fish Peach and Honey Glaze	Beef Ravioli w/Sauce Green Beans	Baked Pork Chop Au Gratin Potatoes
<b>Dinner</b>						
Roasted Pork Tenderloin Rice Pilaf Purple Hull Peas Roll Banana Margarine Coffee/Tea Choice of Milk	Chicken Tetrizzini Fried Okra Apple Slices Margarine Coffee/Tea Choice of Milk	Tomato Soup Saltines Egg Salad Sandwich Cucumber Slices Mandarin Oranges Margarine Coffee/Tea Choice of Milk	Beef Ravioli w/Sauce Green Beans Roll Banana Margarine Coffee/Tea Choice of Milk	Baked Pork Chop Au Gratin Potatoes Brown Gravy Cinnamon Applesauce Roll Margarine Coffee/Tea Choice of Milk	Beef Stroganoff Egg Noodles Tossed Salad Bread Cantaloupe Choice of Dressing Margarine Coffee/Tea Choice of Milk	Polish Sausage on Bun Sauteed Peppers & Onions French Fries Cookie Ketchup Margarine Coffee/Tea Choice of Milk
Chicken Fettuccine Alfredo Fettuccine Pasta Broccoli	Beef Macaroni Casserole Tossed Salad Choice of Dressing	Roasted Pork Tenderloin Rice Pilaf	Chicken Tetrizzini Fried Okra	Tomato Soup Egg Salad Sandwich	Turkey Pot Roast Mashed Potatoes	Fried Chicken Creamed Corn

Sun. Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-08, Apr-05, May-03, May-31	Monday Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-09, Apr-06, May-04, Jun-01	Tuesday Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-10, Apr-07, May-05, Jun-02	Wednesday Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-11, Apr-08, May-06, Jun-03	Thursday Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-12, Apr-09, May-07, Jun-04	Friday Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-13, Apr-10, May-08, Jun-05	Saturday Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14, Apr-11, May-09, Jun-06
<b>Breakfast</b>						
Choice of Cereal Eggs Bacon Bagel Cream Cheese Juice Coffee/Tea Choice of Milk	Choice of Cereal Egg & Cheese Croissant Sandwich Sausage Links Juice Coffee/Tea Choice of Milk	Choice of Cereal French Toast Sticks Eggs Bacon Syrup Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Breakfast Ham Slice Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Sausage Links Toast Jelly Margarine Juice Coffee/Tea Choice of Milk	Choice of Cereal 3 Cheese Egg Bite Hashbrwns Juice Coffee/Tea Choice of Milk	Choice of Cereal Eggs Bacon Muffin Margarine Juice Coffee/Tea Choice of Milk
<b>Lunch</b>						
Turkey Pot Roast Mashed Potatoes Prince Charles Veggie Blend Roll Cookie Gravy Margarine Coffee/Tea	Baked Glazed Ham Bread Stuffing Carrots Cornbread Gelatin Margarine Coffee/Tea	Beef Patty Tater Tots Green Beans Roll Cake Brown Gravy Margarine Coffee/Tea	Mandarin Pork Roast Fried Rice Stir Fry Vegetable Blend Vegetable Egg Roll Cookie Margarine Coffee/Tea	Fried Chicken Pinto Beans Cooked Cabbage Cornbread Banana Pudding Margarine Coffee/Tea	Breaded Fish Fried Okra Creamy Cole Slaw Cornbread Cake Margarine Coffee/Tea	BBQ Pulled Chicken Sandwich Sweet Potato Fries Marinated Cucumbers & Tomatoes Cookie Margarine Coffee/Tea
Fried Fish Creamy Cole Slaw	Sloppy Joe Three Bean Salad	Baked Chicken Prince Charles Veggie Blend	Tuna Sandwich Cucumber Slices	Beef Patty Mashed Potatoes	Mandarin Pork Roast Fried Rice	Bratwurst on Bun Sauteed Peppers & Onions
<b>Dinner</b>						
Hamburger Lettuce / Tomato / Onion French Fries Banana Ketchup Margarine Coffee/Tea Choice of Milk	Vegetable Soup Salines Tuna Sandwich Cucumber Slices Apple Slices Margarine Coffee/Tea Choice of Milk	Chicken & Dumplings Sweet Peas Roll Fruit Cocktail Margarine Coffee/Tea Choice of Milk	Hot Turkey Sandwich Mashed Potatoes Carrots Applesauce Gravy Margarine Coffee/Tea Choice of Milk	Bratwurst on Bun Sauteed Peppers & Onions Tater Tots Fresh Fruit Cup Margarine Coffee/Tea Choice of Milk	Chicken Parmesan Spaghetti Noodles Sweet Peas Cantaloupe Margarine Coffee/Tea Choice of Milk	Pepperoni Cheese Pizza Tossed Salad Fresh Fruit Cup Choice of Dressing Margarine Coffee/Tea Choice of Milk
Beef Stroganoff Egg Noodles	Polish Sausage on Bun Potato Chips	Hamburger French Fries	Baked Glazed Ham Bread Stuffing	Chicken & Dumplings Sweet Peas	Hot Turkey Sandwich Mashed Potatoes	Fried Chicken Cooked Cabbage

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Hot or Cold Cereal Choice of Egg Sausage Links Donut Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal Choice of Egg Bacon Toast with Margarine Margarine/Jelly Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal Pancake Breakfast Ham Slice Margarine/Syrup Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal Choice of Egg Sausage Links Toast with Margarine Margarine/Jelly Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal French Toast Sticks Choice of Egg Bacon Margarine/Syrup Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal Omelet Sausage Patty Toast with Margarine Margarine/Jelly Choice of Juice Coffee/Tea Milk/Beverage of Choice	Choice of Hot or Cold Cereal Choice of Egg Biscuit & Gravy Margarine/Jelly Choice of Juice Coffee/Tea Milk/Beverage of Choice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Braised Citrus Pork Rice Pilaf Malibu Blend Vegetables Dinner Roll Choice of Cookie Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Fried Fish Fried Okra	Meatloaf Garlic Mashed Potatoes Green Beans Dinner Roll Baker's Choice Cake Brown Gravy Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> BBQ Pulled Chicken Sandwich Sweet Potato Fries (A)	Chicken Tenders Baked Potato Broccoli & Cheese Sauce (A) Dinner Roll Lemon Pudding Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Braised Citrus Pork Rice Pilaf	Lasagna Tossed Green Salad with Dressing Garlic Roll Baker's Choice Cake Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Refried Beans Chicken Soft Taco	Fried Chicken Potato Salad Collard Greens (A) Dinner Roll Choice of Cookie Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Beef Fritter Buttered Noodles	Fried Fish Red Beans and Rice Hush Puppies Dinner Roll Frosted Chocolate Cake Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Lasagna Tossed Green Salad with Dressing	BBQ Meatballs Potato Wedges Mixed Vegetables Wheat Bread Baker's Choice Cake Margarine Coffee/Tea <b>**ALTERNATE CHOICES**</b> Fried Chicken Collard Greens (A)
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Broccoli Cheese Soup Grilled Ham and Cheese Sandwich Potato Chips Cantaloupe (A) Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Chicken Parmesan Spaghetti Noodles	Chicken Soft Taco Refried Beans Buttered Corn Chilled Pineapple Chunks Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Pepperoni Pizza Tossed Green Salad with Dressing	Beef Fritter Buttered Noodles Steamed Green Peas Dinner Roll Fresh Apple Slices Brown Gravy Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Grilled Ham and Cheese Sandwich Potato Chips	Turkey Pot Roast Garlic Mashed Potatoes Buttered Carrots (A) Wheat Bread Applesauce Poultry Gravy Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Meatloaf Green Beans	BBQ Pork Riblette Pasta Salad Buttered Corn on the Cob Banana Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Tomato Soup Grilled Cheese Sandwich	Beef Chili Loaded Baked Potato Tossed Green Salad with Dressing Cornbread Fresh Fruit Cup Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> Turkey Pot Roast Carrots (A)	Chicken Ala King Sugar Snap Peas Dinner Roll Cantaloupe (A) Margarine Coffee/Tea Milk/Beverage of Choice <b>**ALTERNATE CHOICES**</b> BBQ Pork Riblette Pasta Salad

Dietitian: Heather Naquin RDN, LD

12/04/2025

*Heather Naquin RDN, LD*